

4752: Prenatal diagnosis, association and outcomes of Cleft Lip and Palate (CLAP) detected in the first trimester scan (FTS) and audit of the “missed cases” detected subsequently

Jain A, Muniraj V, Acharya V, Shettikeri A, Radhakrishnan P, Bangalore Fetal Medicine Centre, India

Introduction : First Trimester scan provides a good opportunity to assess facial abnormalities. Identification of CLAP should prompt detailed evaluation of other systems to rule multi-systemic involvement. Invasive testing for a thorough genetic workup should be offered to all to optimise pregnancy outcomes and assess the risk of recurrence.

Objectives:

- Primary Objective: Association of CLAP with structural defects and abnormal genotype
- Secondary Objective: Audit the “missed cases” in the FTS on subsequent scans or on postnatal evaluation

Methodology:

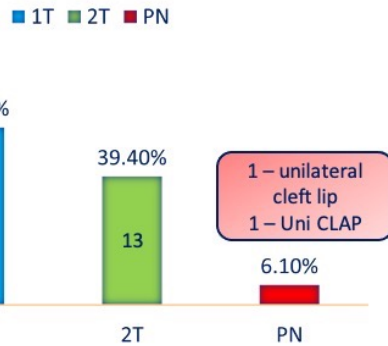
- Retrospective comparative study of prospectively collected data from a single tertiary fetal care referral centre during Jan 2005 to Dec 2022
- 14,439 singleton pregnancies who underwent first trimester (1T) screening between 11⁺⁰ – 13⁺⁶ weeks with known follow ups were included. All scans were performed by FMF certified operators and were documented on Astria fetal database software
- A re-audit was done to assess the impact of changes in the FTS protocol in detection of CLAP
- All cases of CLAP detected after FTS were considered as “missed cases”.

Results

Major defects : 1,125/14,439 (7.8%)
 Incidence of CLAP : 33/1,125 (2.9%)
 1T Diagnosis of CLAP : 18/33 (5.4%)
 Increased NT – 269/613 (43.8%)

Phase wise DR of CLA in 1 T
 P1 = 0%, P2 = 60%, P3 = 60%

Invasive testing : opted by 5/18 (27.7%) - 3/5 (60%) had abnormal genotype (T21- 1, T13 – 1, Abnormal CMA -1)
 “Missed cases” of CLAP in the FTS - 13/33 (39.4%) on MTAS & 2/33 (6.1%) postnatally



Overall DR of CLAP in 1T : 18/ 33 (54.5%)

Parameters (n = 14,439)	CLAP (n =18/ 33) (Phase 1 : 0, Phase 2 : 6, Phase 3 : 12)
1 st T	Isolated – 8/18, 44.4% Additional defects -10/18, 55.6%
Increased NT	6/18, 33.3%
Outcomes	Terminations - 18/18, 100%
Genetic Workup	Available for - 5/18, 27.7% Abnormal 3/5, 60% (T21 -1, T13 -1, gain of 9p on CMA – 1)

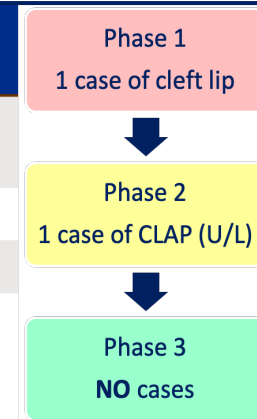
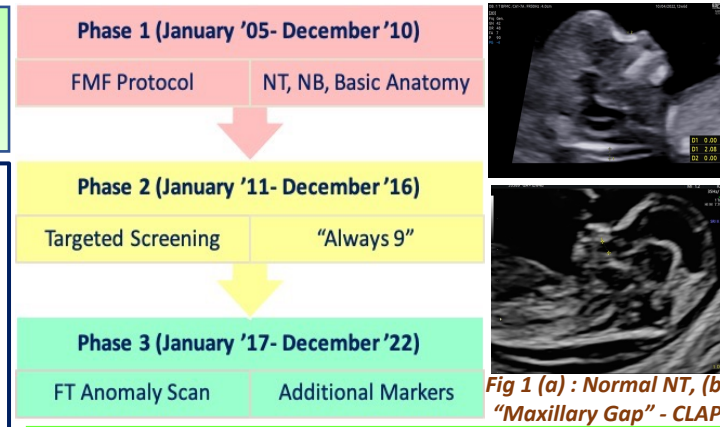


Table 1 : Characteristics of fetuses with FT diagnosis of CLAP

Fig 2 : Missed Cases (Postnatal)



Conclusions:

- Careful examination of NT plane with “maxillary gap” aided in detection of 60% of cases
- Diagnosis of “CLAP” in 1T scan should mandate detailed examination for additional defects (>50% cases)
- Important to offer genetic workup as 60% had abnormal genotype
- Regular audit and modification of one’s practice can improve DR in FTS for “CLAP”
- Potential for improvement - PMT and axial views

Correspondence:

drprathima@bangalorefetalmedicine.com