# The Fetal Medicine Foundation

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## **CONGENITAL PULMONARY AIRWAY MALFORMATION: PRENATAL DIAGNOSIS,**

# MANAGEMENT AND PERINATAL OUTCOMES

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#### **METHODS**

#### INTRODUCTION

- Congenital pulmonary malformation airway (CPAM), is a rare developmental anomaly of the lower respiratory tract.
- CPAMs are categorized, pathologically, in types 0 through 4 and have different clinical presentations and prognoses. Type 1 CPAM is most common, and type 4 CPAM has high malignant potential.
- Affected patients with CPAM may present with respiratory distress in the newborn period or may remain asymptomatic until later in life.
- We report several cases of CPAM describing its finding, management and evolution. Cases were followed up untill surgery. Respiratory symptoms were documented.

- First, a literature review was conducted on major databases and scientific platforms, including the Fetal Medicine Foundation website.
- Secondly, a desciptive study of cases of CPAM diagnosed by prenatal ultrasound scan between 2017 and 2023 in our center was carried out (hospital with neonatal intensive care and pediatric surgery).
- Ultrasound scans performed by one of the gynecologists with experience in prenatal diagnosis.
- All patients gave their approval to the use of relevant data from their studies for scientific purposes.

#### **OBJECTIVES**

- 1. Literature review in order to update this topic and search about the available scientific evidence.
- 2. Establish a registry of cases of Congenital pulmonay airway malformation (CPAM) diagnosed prenatally at the Central University Hospital of Asturias (HUCA). Assess antenatal management and perinatal outcomes.

#### RESULTS

ANTENATAL DIAGNOSIS OF CPAM

(n=11)

LIVE BIRTH (n=10)

POSTNATAL CHEST X-RAY BEFORE



ANGIO TC AORTA TORÁCICA

Figure 3. Whole Body CT Angiography of one of our patients



ABSCENSE OF FOLLOW-UP (n=2) DELIVERED PREMATURELY 35 weeks (n=1) SPONTANEOUS ONSET LABOR (n=5) INDUCTION OF LABOR (n=2) CESAREAN (n=3)→ ELECTIVE CESAREAN (n=1)

#### **POSTNATAL COMPLICATIONS**



**Figure 2. Postnatal CPAM complications** 

POSNATAL DIAGNOSIS: CPAM (n=5)

FIRST DISCHARGE (n=9)

FOLLOWED BY CT SCAN (n = 7)

CONFIRMED DIAGNOSIS (n=7)



Figure 1. Managment flowchart of antenatally diagnosed CPAM. Source: Own cases.

Figure 4. CPAM. 3th trimestre ultrasound scan

### CONCLUSIONS

- 1. According to literature, management of fetuses with CPAM includes assessment for associated abnormalities and serial ultrasound examinations to monitor changes in the CPAM and development of hydrops.
- 2. It is recommended to perform a CT or MRI scan to the newborn even in infants with normal chest radiographs.
- 3. In the cases we showed, no associated fetal malformations or severe complications were found. Fortunately, the surgery was curative and the prognosis of the children is excellent.

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